

HEALTHY LIFESTYLES WITH MAURIE, LLC

TRAINING PACKAGES & FEES

- One-on-one private training at Magna Fitness Center - \$75/session (pay as you go)

*Magna Fitness Center's membership - \$65 a month individual

*Daily guest fee - \$12

- 12 Session Package (\$70per session): \$840
- Semi-Private sessions:
- 6 Session Package: (\$60) \$360 each
- 10 Session Package:(57.50) \$575 each
- 12 session Package:(55) \$660 each

- One-on-one in-home training session - \$85/session
- 10 session package one on one in-home - \$800
- Semi-private 10-session package in-home - \$750 each

- 30 minute private sessions \$45

(1 hour workout)

- Consultation and physical evaluation - \$75,(1 $\frac{1}{2}$ hour) includes:
 - Body fat testing Strength test
 - Girth measurements Postural test
 - Cardiovascular test
 - Flexibility test
- Customized workout program design (includes one workout session) - \$120
- Additional 4-week customized workout programs - \$50